

9TH INTERNATIONAL ADVENTURE THERAPY CONFERENCE

3rd Gathering for Adventure Therapy in Europe



Coastal destination KRISTIANSAND

In less than a month, we can finally welcome you to Kristiansand, the southernmost city of Norway. This coastal town is home to 114,000 people and is surrounded by green and blue areas. Here you can climb on the many rock formations, paddle on rivers, swim in lakes, sail on the ocean or wander off into one of the many forest areas.

Kristiansand is also known for its cultural scene and lively city centre shaped like a perfect square full of eateries and shops. Trying the seafood in one of the restaurants by the fish market is an absolute must. Tuesday is our Dine-out night, where you have the chance to explore the city scene and nearby nature, or perhaps do as the locals. They buy shrimps from the fish market or the grocery store, along with a loaf of bread, lemon and mayonnaise and find a nice spot along the archipelago enjoying the long summer nights.

Are you bringing your family to the conference? Kristiansand is called “the children’s town” due to the many family-friendly attractions and the walkable city centre. The waterfront promenade is brimming with playgrounds, and there is a water park on the little city beach.

Getting around Kristiansand is relatively easy. All areas of town are considered safe, and the locals walk or bike around town at all hours. If you are not keen on walking, buses connect all areas of town. The walking distance between our various conference locations is roughly a 35-minute walk, whether you walk from our camp at Rolighedden to the University of Agder Campus or from campus into the city centre. The walk from Odderøya island to the University campus is about an hour, so that should get you going in the morning, for sure. The electric scooters are found all over town now, so you could jump on one of these and leave it at your destination if you are running late.

Hopefully, you will enjoy the active and outdoorsy lifestyle of the Nordic people!

IMPORTANT DATES

Conference dates
20th - 25th of June 2022

In-person registration has now reached the maximum capacity of 400 attendees.

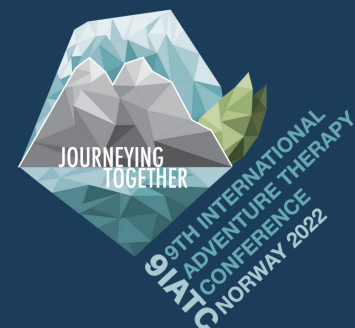
Registration for online attendance is open until the conference starts. Be sure to invite your colleagues, friends and neighbours to join the conference online to introduce more people to the international field of adventure and outdoor therapy.

For registration
[CLICK HERE](#)



Nordic Outdoor
Therapy Network





PRE-CONFERENCE WORKSHOPS

Workshop 1: *Co-Adventuring for Change: Mapping Solution-Focused Practice Outdoors.*

This workshop has a digital part (4 webinars) and an in-person part (June 16th-17th in Kristiansand, Norway). Dr Will Dobud (AUS/USA) and Dr Stephan Natynczuk (UK) will facilitate solution-focused skills and explore how to effectively co-adventure outdoors with clients for meaningful change.

Workshop 2: *Adventure Therapy and Complex Trauma: Mapping the Next Frontier.*

This workshop commences Saturday, June 18th 08:00 AM- Sunday, June 19th 12:00 AM in Kristiansand and has six following webinars in July-August. PhD Cand. Graham Pringle and Dr Will Dobud explore adventure as therapy for people with complex trauma through theory and concrete practice examples.

POST-CONFERENCE WORKSHOPS

Workshop 1: *Looking to the horizon: A reflective post-conference workshop space for immersing, resting, playing, integrating, dreaming, and planning.*

This workshop takes place on June 27th – June 29th in a natural environment close to Kristiansand. Join the Australian team of Ben Knowles, Anita Pryor and Amanda Smith together with local host Vibeke Palucha in a co-created workshop with rich reflections, deep conversations, and revitalising experiences to process the 91ATC experience and plan for the future.

Workshop 2: *Personality-informed Intervention: Understanding and applying Jungian psychological type theory in adventure facilitation.*

A three-hour digital workshop on July 8th. In this workshop, Dr Justin Peter provides knowledge of psychological type theory and how this can positively influence the interpersonal and interactional processes during adventure therapy sessions.

READ MORE AND
REGISTER FOR A PRE
OR POST WORKSHOP

